

Empowering Voices Support Directory 29/09/26

The people below have agreed to take support calls. Everyone has lots of experience mentoring people to use a costal breathing technique.

If the phone isn't answered please leave a message, and they will call you back.

Where availability is, "Call anytime" some people may be able to take calls during work, others work from home and some may be retired. The opportunity to pick up the call may be different for each person; but if they don't answer the call it's another great speaking opportunity to leave a message.

Name	Telephone number	Availability
David Adams	07733 277401	Evenings and weekends
Ruth Banting	07709 805017	Anytime
Philippa Barker	07980 308216	Evenings and weekends
Julian Brooks	07896 023838	Call anytime
Jay Charters	07825 001248	Anytime after 5:30pm
Alexis Connolly	07545 231653	Call weekends
Fiona Cross	07773 026817	Call anytime
Phil Davies	07387 562476	After 7pm weekdays, anytime weekends
Daniel Gitterman	07751 082727	Evenings and weekends
Mike Grant	07980 695123	Call anytime
Wendy Hooker	07585 124560	Call anytime
Mobbassar Hussan	07961 519526	Call anytime
John Loveless	07733 933493	Call anytime
Kinza Mahmood	07599 073227	12-8pm weekends + Monday, 7:45am – 8pm – Tuesday to Friday. Send a message at any time.
Paul Martin	07733 260384	Call anytime
Lauren Masser	07383 864329	Call weekends
Mark Murphy	07516 439318	Call anytime
Nina Nenadic	07479 286157	Weekdays after 6pm. Weekends anytime
David Parrish	07876 560725	Call anytime
Graham Parry	07890 425307	Available any day from 9 am to 9 pm
Tiago Pereira	07512 049020	Weekdays 10am to 8pm, and weekends 11am to 6pm
Lindsey Pike	07814 843903	Call anytime
Adam Price	07906 230752	Call anytime
Murty Quinn	07739 093979	Call anytime
Paul Scott	07990 967480	After 7 pm weekdays and anytime at the weekend
Philip Smith	07704 134678	Call anytime, although mornings are the best time to catch me
Daniel Tirel	07795 975926	Call weekends
Ian Trevor	07523 322481	Call anytime before 9pm
Rosie Tuohy	07826 024035	Call anytime
Jamie Wilson	07773 234550	Any day before 8 pm
Maurice Wingate	07852 531842	Anytime before 9:30pm except Sunday mornings
Michael Wright	07799 878502	Call anytime

Regional Support Groups

Area	Telephone number	
South West England	07709 805017	Phone Ruth Banting for more details
North West England	07799 878502	Phone Michael Wright for more details

Social media

Facebook Group

<https://www.facebook.com/groups/817000803721698>

Facebook Support Group

<https://www.facebook.com/groups/1066026561461623>

Website

www.empoweringvoices.co.uk

Stand Up to Stammering

<https://www.facebook.com/groups/1005747829885471>

Support your charity: Empowering Voices

